



**GREENMOBILITY**

Lifelong Learning on sustainable urban mobility

# **Protocol for Training for the Greenmobility Self-Assessment Toolkit**

## **WP4: Pilot Testing**

A2 – Training for the Greenmobility Self-assessment toolkit

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# WP4: Pilot Testing

## A2 - Training for the Greenmobility Self-assessment toolkit

### Summary

This protocol outlines the framework for conducting external training sessions aimed at enhancing the capacity of participants to implement sustainable urban mobility practices using the Greenmobility Self-Assessment toolkit.

### Objectives:

The primary goal of these external training sessions is to assess and promote Greenmobility behaviors of the participants. By disseminating knowledge and fostering practical skills, the training aims to support sustainable urban transport practices across diverse geographical contexts.

This protocol aims to offer guidance to maintaining consistency in the training. It is essential for ensuring the effectiveness of the program across various participants and training contexts. A standardized training approach, based on proven methodologies outlined in this document, will be adopted uniformly in all training sessions.

Participants will learn how to utilize the Greenmobility Self-Assessment toolkit, apply assessment methodologies, interpret findings, and provide actionable guidance based on assessment outcomes.

Continuous improvement is integral to the training process. Feedback will be systematically collected from participants after each session using a structured evaluation form. This feedback loop will enable us to refine and enhance the training program iteratively, ensuring its relevance and effectiveness.

The training sessions will facilitate collaboration among participants. Through interactive sessions and shared experiences, participants will have the opportunity to learn from each other, strengthen professional relationships, and foster a spirit of cooperation within the training program.

Each training session will be conducted based on the model and content outlined in this protocol. The sessions will educate participants about the Greenmobility Self-Assessment toolkit and its application in promoting sustainable mobility solutions.

Participants will contribute to training reports, reflecting on their experiences and providing feedback. These reports will be used to assess the impact of the training, identify areas for improvement, and inform future iterations of the training program.

## **PROTOCOL for Training for the Greenmobility Self-assessment toolkit**

### **Purpose**

The purpose of this training is to facilitate participants (trainees) in assessing their current transportation needs, behaviors, actions, beliefs, and intentions. It also aims to inspire participants (trainees) to adopt more

sustainable urban transport practices that benefit the environment, city dwellers, and individual health.

## **Training Objectives**

1. Provide trainees with a comprehensive understanding of sustainable urban transport principles and their relevance to the Greenmobility tools.
2. Familiarize trainees with the Greenmobility self-assessment tools, including their purpose, structure, and intended outcomes.
3. Discuss assessment results and facilitate meaningful discussions to promote reflection and behaviour change.

## **Design of the training session**

Number of trainings: 2

Number of participants in total: 12 in each country

Venue: Online or in place

Length of the training: 2 hours

Date: May-June, 2024

## **Agenda**

1. Check-in activity (ice breaker) 10 minutes
2. Presentation of the topic (T.O1) and presentation of the Greenmobility tools (T.O2) 5-10 minutes

3. Self-assessment activities (participants answer to the 6 tools and take notes of the results, feedback, and recommendations) 60 minutes.

4. Discussion of result and reflection in a roundtable (T.O4) 20 minutes

5. Collect feedback in Google Forms 10 minutes (feedback toolkit)

<[https://docs.google.com/forms/d/1AQPmXPTHGbDTi\\_HWOIRGllmzrpNNbpy3zeX29MgvFfM/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1AQPmXPTHGbDTi_HWOIRGllmzrpNNbpy3zeX29MgvFfM/viewform?edit_requested=true)>

## After training session

- After collecting and analyzing feedback national representatives create a report and send it to TISC;
- TISC will create a final report after gathering and analyzing country-based feedback.

## Definitions

- Sustainable Urban Mobility: A synthesis of concepts commonly found in academic literature, policy documents, and guidelines from organizations working with sustainability define sustainable urban transport as the transportation systems and modes of mobility within urban areas that prioritize environmental, social, and economic sustainability. This means minimizing negative impacts on the environment, such as air and noise pollution, reducing greenhouse gas emissions, promoting public health, enhancing accessibility for all members of society, and supporting economic development while ensuring efficient and reliable movement of people and goods. Sustainable urban transport often involves the use of

public transportation, walking, cycling, carpooling, and innovative mobility solutions like electric vehicles, car-sharing, and ride-sharing services, as well as integrating land use planning with transportation infrastructure to create more walkable and bike-friendly cities.

- Trainees: Participants in the training programs.
- Trainer: Representatives of each organization working with the Greenmobility project.





# GREENMOBILITY

Lifelong Learning on sustainable urban mobility

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